



SAVITRIBAI PHULE PUNE UNIVERSITY
NATIONAL SERVICE SCHEME
AMRUTVAHINI COLLEGE OF ENGINEERING,
SANGAMNER
YOGA Day (Virtual Program)



Date: 21/06/2021

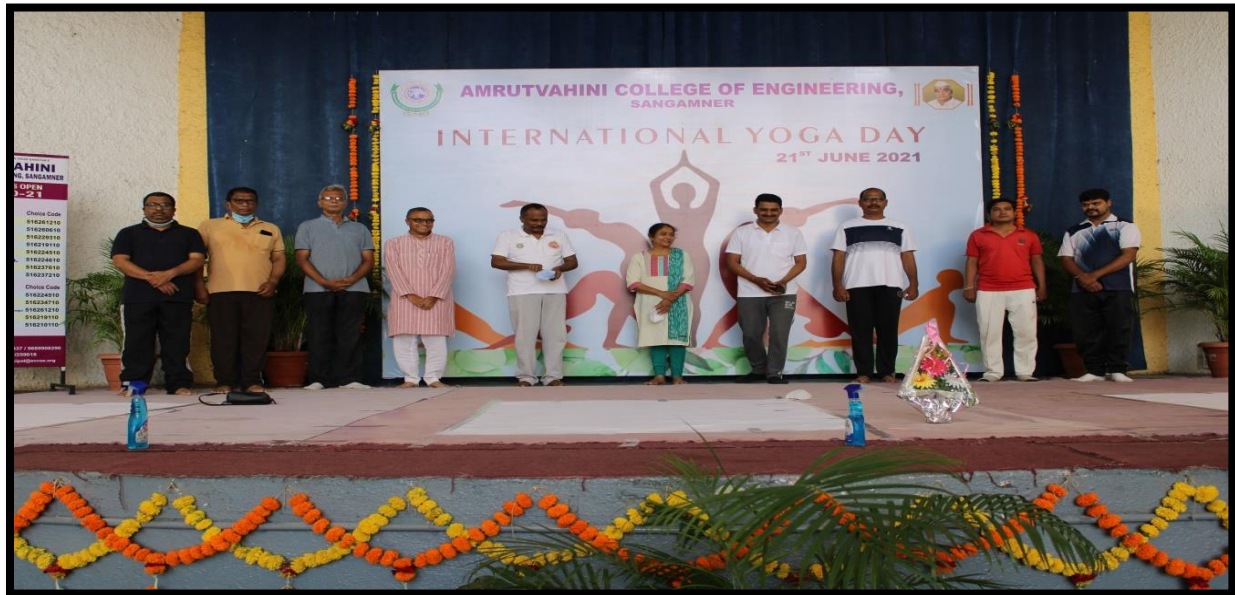
1.	Name of Program	Yoga Day Program https://youtu.be/XJEFK7LqZel
2.	Objectives	1. To motivate the Staff by experience of yoga steps. 2. To join all Students virtually for program and make them aware about Yoga. 3. To impart Awareness of physical and mental fitness.
3.	Date of Conduction:	21/06/2021
4.	Time of Conduction:	7.30am to 9.30am
5.	Dignities Present: (with designation)	1. Dr. M. A. Venkatesh (Principal) 2. Prof. A. K. Mishra (Vice Principal) 3. Prof. K. P. Morankar
6.	Name of Dept. Coordinator:	Dr. M. A. Wakchaure , Prof. R. S. Gavhane
7.	Departments Involved:	All
8.	No. of Participants (Students):	Participated Virtually
9.	No. of Participants (Staff):	75
10.	No. of Participants (Public):	Nil
11.	Any Government Agency involved? If yes details:	No
12.	Any Non-Governmental Organization (NGO) involved? If yes details:	No
13.	Activity Details:	1. Yoga steps carried out by 75 staff with maintaining social distancing in COVID-19 conditions. 2. Awareness is created among staff members 3. All participants including virtual student's participation by making program live on youtube.
14.	Outcomes:	1. Staff get motivation for yoga steps. 2. Students also participated virtually for program. 3. Awareness of physical and mental fitness created.
15.	Remarks (if any)	Virtual program was the new theme and mode which was successful in pandemic.


Dr. M. A. Wakchaure / Prof. R. S. Gavhane
NSS Program Officer
Programme Officer
National Service Scheme
Amrutvahini College of Engineering
Sangamner Pin-422608


Dr. M. A. Venkatesh
Principal
Amrutvahini College of Engg.
SANGAMNER - 422 608
Dist.-Ahmednagar (M.S.)

Glimpses:

Youtube Link: <https://youtu.be/XJEFK7LqZel>



Inauguration of International Yoga Day



Staff performing yoga in guidance of yoga instructor