



SAVITRIBAI PHULE PUNE UNIVERSITY
NATIONAL SERVICE SCHEME
AMRUTVAHINI COLLEGE OF ENGINEERING,
SANGAMNER



YOGA Day (Virtual Program)

Date: 22/06/2020

1.	Name of Program	Yoga Day Program
2.	Objectives	1. To motivate the Staff by experience of yoga steps. 2. To join all Students virtually for program and make them aware about Yoga 3. To impart Awareness of physical and mental fitness.
3.	Date of Conduction:	21/06/2020
4.	Time of Conduction:	7.30am to 9.30am
5.	Dignities Present: (with designation)	1. Dr. M. A. Venkatesh Principal
6.	Name of Dept. Coordinator:	Dr. R. S. Pawase, Miss. Archana Nawale Physical I/C
7.	Departments Involved:	All
8.	No. of Participants (Students):	Nil due to COVID-19 Pandemic
9.	No. of Participants (Staff):	45
10.	No. of Participants (Public):	Nil
11.	Any Government Agency involved? If yes details:	No
12.	Any Non-Governmental Organization (NGO) involved? If yes details:	No
13.	Activity Details:	1. Yoga steps carried out by 45 staff with maintaining social distancing in COVID-19 conditions 2. Awareness is created among staff members 3. All participants including virtual students participation by making program live on youtube.
14.	Outcomes:	1. Staff get motivation for yoga steps 2. Students also participated virtually for program. 3. Awareness of physical and mental fitness created.
15.	Remarks (if any)	Virtual program was the new theme and mode which was successful in pandemic.

Department NSS
Coordinator

Prof. R. S. Pawase
NSS Program Officer
Programme Officer
National Service Scheme
Amrutvahini College of Engineering
Sangamner

Dr. M. A. Venkatesh
Principal